



LOVERING

HEALTH CENTER

Sexual Health, Choice & You

2024 Annual Report

.....

Providing Quality Reproductive and
Sexual Health Care for 45 Years

.....



LOVERING HEALTH CENTER

Sexual Health, Choice & You



ABORTION CARE

BIRTH CONTROL METHODS

EMERGENCY CONTRACEPTION

GENDER-AFFIRMING HORMONE THERAPY

GYNECOLOGICAL CARE

HIV TESTING

PERI/POSTMENOPAUSAL CARE

PrEP (PRE-EXPOSURE PROPHYLAXIS FOR HIV)

STI TESTING & TREATMENT

VASECTOMY CARE

We accept most insurances, NH and ME Medicaid, and offer reduced fee care for uninsured patients!

Our Mission

The Lovering Health Center is dedicated to providing confidential, comprehensive and accurate sexual and reproductive health services to all in a supportive environment. It is our passion to honor, respect, and advocate for the right for everyone to maintain freedom and choices regarding their own sexual and reproductive health.

Stay Connected to the Lovering


 LoveringHealthCenter


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 LoveringHealth

 info@jglhc.org

 (603) 436-7588

 PO Box 456 Greenland, NH 03840



DONATE!



Message from the Executive Director

In 2024, the Lovering successfully increased patient visit volume again! In fact, since 2022, we have grown and increased our visit volume by 225%. With modest staff increases, we have maintained access to all services AND added vasectomy care this year. We have prioritized finding efficiencies to successfully leverage every dollar of donor support to enhance all patient care types.

Our board, staff, and volunteers continue to implement the three pillars of our strategic direction; scaling our impact, nurturing our culture and capacity, and investing in our future. To scale our impact, we continued to work with community partners on education initiatives and began offering statewide telehealth PrEP in 2024. Our first dedicated endowment was established in 2024, helping to secure the Lovering's future. We also maintained all of our amazing team, welcoming one additional full-time staff member and onboarding new volunteers.

We ended 2024 with the frightening reality of a new administration that is hostile to our work, hateful toward so many in our community, and ready to disrupt health care services by force, fear, and/or loss of funding. We weathered the loss of family planning funds in 2021, but the real threats and chaotic rhetoric of this time are a different challenge. We will face it together with you and we are thankful for this fiercely supportive community that we call the Lovering!

In Solidarity,

Sandi Denoncour, Executive Director



Board of Directors

Reflecting back on 2024, I am struck by the magnitude of the swings of emotions felt across our community. Although our organization and the community we serve face constant threats legislatively and otherwise, we persevere by doing the work and doing it with joy and compassion. However, the end of the year was punctuated with a sweeping despair felt by so many of us, like a gut punch. And yet, there is this resiliency, a strength emanating from this entire organization that inspires me. From the staff's unwavering dedication to providing vital healthcare to members of our community, the volunteers' willingness to jump in wherever needed, the Board of Directors' guidance, the community's support, and especially to our Executive Director, Sandi's, steady leadership, I am so proud to be a part of the Lovering and especially now, at a time when our services are needed more than ever. The Lovering is strong, remains steadfast to our mission, and will continue in this fight alongside every one of you.

Current Board Members

Cybele Grier- Chair
Lindsay Goodspeed- Vice Chair
Susan Cannon- Treasurer
Mary Flowers- Secretary
Cynthia Bear, MD

Colin Conneally
Erica de Vries
Evan England
Stacey Smith
Megan O'Gara
Maggie Woodward

2024 Past Board Members

Katherine Robart Bal
Johanna Murphy
Camilla Thompson
Eleanor MacKenzie
Monica Odor

-Cybele, Board Chair



New Program Highlights

Vasectomy Care

Lovering added vasectomy care as a contraceptive service offering. Vasectomy services are available to both insured and uninsured patients.

“ I am grateful that we have the support and training to offer this service, which expands our radius to patients who desire permanent contraception in a patient-centered, body-positive, trauma-informed environment. It also challenges me as a provider, which makes me love my work even more. ”

-Rebecca, Nurse Practitioner



QCare Plus

Bringing telehealth PrEP to patients statewide.

Q Care Plus telehealth services include:

- PrEP prescriptions
- Doxy-PEP prescriptions available at same time as PrEP prescriptions
- STI screening AT HOME at same time as HIV testing for PrEP (includes screening for chlamydia, gonorrhea AND syphilis)
- STI treatment provided for STI positive results
- Connection to care for HIV positive results
- Quarterly reminders for testing and refills

Learn more about



here:



Two new art installations commissioned in collaboration with the New Hampshire Art Association. Learn more about these artists by checking out their instagram accounts.

Lu Valena

A Long Tradition (2024)



@lu-valena

Gianna Masella



@the.letterist.g



Enhancing Services with Community Partners

AVITA Pharmacy- *Where You Fill Makes a Difference*

“— Our partnership has been a game-changer for patient satisfaction. We can trust that the folks we are referring our patients to are dedicated to a mission of inclusivity for LGBTQIA+ patients, especially our gender-nonconforming or trans patients. There is a level of trust needed when collaborating with outside facilities, such as pharmacies, to give patients the same standard of care that we offer. Having partners with shared missions and values helps solidify that trust. Plus, the added bonus of revenue received through the 340B program —”

-Anna, Operations Manager



NH Breast and Cervical Cancer Program

“— “The NH Breast & Cervical Cancer Program relies on dedicated partners statewide to provide cancer screening, education, and outreach. Loving is steadfast in their commitment to their patients and community health. Always seeking to advance patient care and quality to the next level. We are thrilled to have them as a partner in advancing the health of all people in NH.” —”

-Chandra, Cancer Program Coordinator, NH Department of Health & Human Services

Learn more here:



Outreach & Community Events



We hosted or attended 30 events reaching over 1400 community members in 2024

Volunteers

“— Being engaged with Loving's mission, staff, and patients multiple times a month for the past 3.5 years has kept me grounded, involved, and given me a sense of purpose in the fight for access to good, needed care. Volunteering with Loving isn't just a box I check to pat myself on the back for giving my time, it is a walk I walk to match the talk I talk when it comes to abortion rights, reproductive freedom, and providing quality care to my community. Our community, state, and country need Loving to continue their good, needed work, and I am so honored to be part of that mission. —”

-Emma, Abortion Support & After Care Volunteer



“— “My time volunteering at the Loving was pivotal in my journey to medicine, highlighting the profound importance of accessible and equitable community healthcare. When you pour empathy, compassion, and tenacity into the care you provide, you change lives and make a lasting impact on those you serve, which is what I was able to experience firsthand at the Loving. These are lessons that cannot be learned in a classroom, but ones I carry with me and intend to apply throughout my medical career” —”

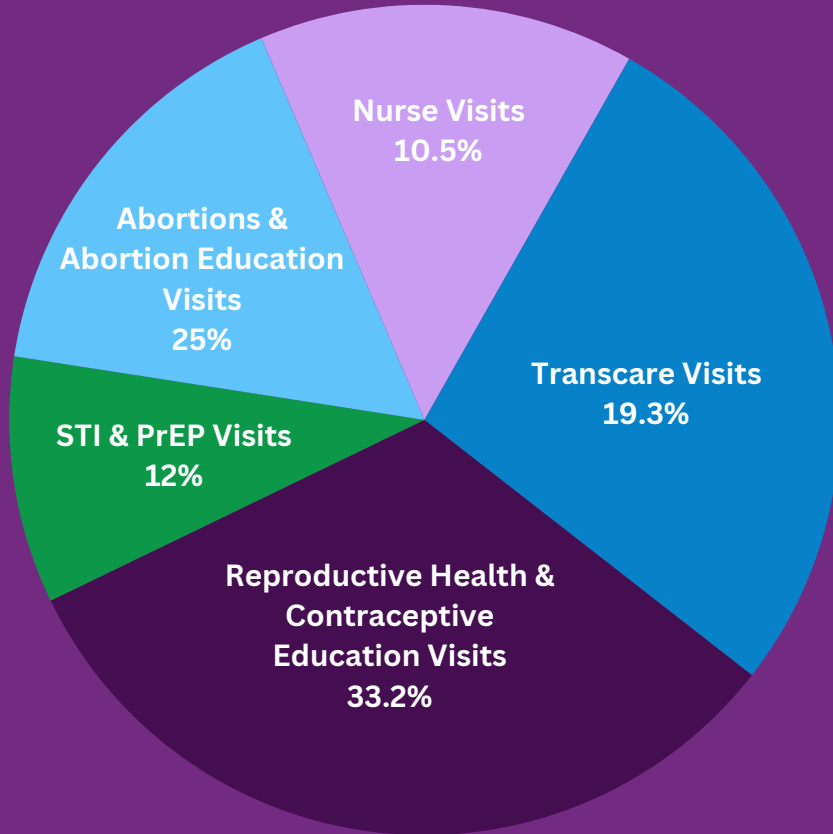
-Olivia, Medical Student & Former Volunteer



Health Care Services Data

- Medication abortion
- Procedural abortion
- Abortion follow-up
- Abortion education including contraceptive planning

- STI exposure and/or symptom assessment
- STI testing for all genders
- HIV testing & HIV Pre-Exposure Prophylaxis (PrEP) access for all genders

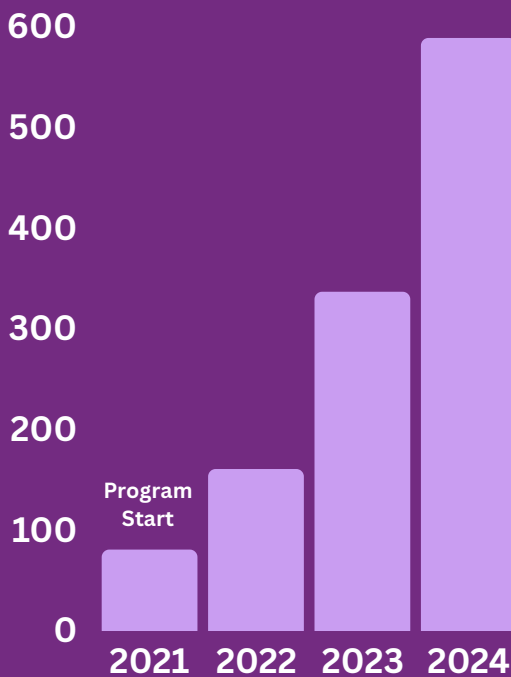


- Injection training
- Contraceptive injections
- Lab draws

- Gender affirming care consultations & education
- Gender affirming hormone treatment, age 18+

- Well person visits & preventative screenings
- Perimenopause/ menopause care
- Contraceptive planning & access
- IUD and Nexplanon insertion
- Gynecological symptoms assessment & treatment
- Vasectomy care

Program Growth Highlight: Transcare visits year over year



From 2023 to 2024 we experienced a 20% increase in total clinic visits.



Ensuring Access for All

\$62,000

Value of 2024 discounted reproductive, sexual, and transgender healthcare provided to our low income patients

\$89,000 total in discounted care

\$27,000

2024 abortion funding assistance provided to Lovering patients through collaborations with the National Abortion Federation, Reproductive Freedom Fund of NH, and abortion funds in ME and MA

In our growth, we intentionally include our low income and uninsured populations. Increasing services for all means leaving no one behind. Thank you for helping us ensure equitable access for all.

“ —

I cannot express with words how wonderful the staff at Lovering health center are. All I can say is that I pulled out of the parking lot and said to myself “I’ll never forget this place”. Whatever you are being treated for at Lovering, I can promise the amazing humans that work there make it so much easier to get through. Not to mention it is clean and comfortable, the overall care is exceptional. Thank you to the staff at Lovering, you’ve made an everlasting imprint on my heart.”

-Patient of the Lovering



Teaching it Forward

This December 2024 several members of the Lovering team participated in a teaching event at Tufts University School of Medicine titled "Understanding the Health of LGBTQ+ Patients." Nearly 200 second year MD students participated as part of their core curriculum in an interactive small group fashion. Students adored the session and specifically remarked on the exceptional teaching from the staff at Lovering.

-Dr. Joshua St. Louis, Core Faculty Lawrence Family Medicine Residency & Consulting Medical Director at the Lovering



“

I was blown away at the compassion and care I witnessed during my week at the Lovering. All patients, from the waiting room to check out and at each part of the patient visit in between, are so respected, listened to, and valued, which honestly may be even more therapeutic than the medications and medical advice they receive during their appointments. The providers and staff are so knowledgeable about the care they provide, from gender affirming care to abortion care to topics usually cared for by primary care doctors. I so appreciate the opportunity to learn from such incredible humans and health care providers!

-Leah, Medical Resident

”



“

Rotating at Joan Lovering allows Greater Lawrence Family Health Center residents to gain additional experience in gender-affirming care and reproductive care in a small, patient-centered health center with an excellent team of clinicians and staff who are all dedicated to providing excellent, respectful care. One of my co-residents described the experience as “healing” because appointments at Joan Lovering are long enough to ensure that patients get the care that they need in an un-hurried manner. This is a rarity in the world of healthcare. It’s wonderful to work with the team at Joan Lovering and I hope to return for more rotations in the future!

-Ryan, Medical Resident

”



Local & National Support for the Lovering

Thank you to the Abortion Care Network
for supporting independent clinics nationwide!

*58% of abortions
are performed by
independent
clinics nationwide*

COMMUNITIES
NEED
CLINICS

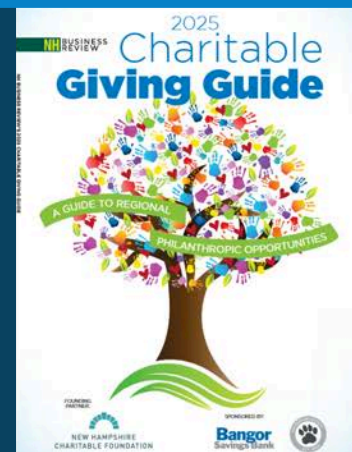
Link to Abortion Care Network's 2024 report here:



The Brook was Lovering Health Center's charitable gaming partner again in 2024.

Funds contributed through the charitable gaming partnership have an incredible impact on our shared community.

Learn more about what charitable gaming is here:



A special thank you to NH Business Review for featuring the Lovering Health Center in their 2025 Charitable Giving Guide.

Link to the feature in NHBR's Charitable Giving Guide here:



Fundraising & Development

I joined the Lovering team in 2022 as the first development director on staff. This role became a necessity as a result of the New Hampshire Executive Council voting to slash funding for clinics providing abortion care. Fast forward three years and although it is unlikely the Lovering will be receiving state funding anytime soon, our sustainability and commitment to this work has never been stronger. This is a direct result of the organization shifting funding streams to rely less on state contracts and more on philanthropic support. I have been lucky enough to work alongside many of you as you quite literally changed the fate of this health center with every grant award, every gift to our annual appeals, every monthly gift, and every community fundraising event you have held to benefit the Lovering.

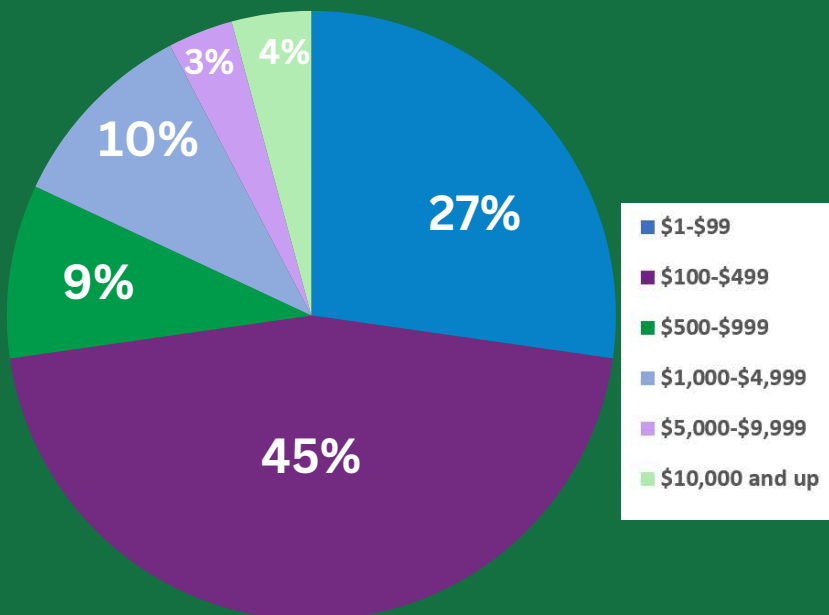
Your collective impact has allowed the health center to maintain and grow despite attempts at the state level to interfere with access to reproductive health care. It has truly been an honor to witness what all of you have made possible as a direct result of meeting our funding needs to sustain this work, a true feminist model.

With the support of our greater community, we have been able to send a clear message: the Lovering Health Center is a valuable asset to the Seacoast and beyond and this small but mighty clinic is here to provide reproductive health care to all who need it today, tomorrow, and every day for the next 45 years. We appreciate our donors staying in this fight with us!

-Mary, Development Director



2024 Tiers of Annual Giving



I feel strongly that the variety and types of services provided to our community are essential and as a donor I am expressing my values and responsibility to the community by donating to the Lovering. Also, I get invited to discussions, tours, events and brainstorming opportunities with the Lovering staff- all of which reinforces the beauty of being in community.

-Katie, Champions Donor

54 Monthly Donors made recurring gifts in 2024!

Become a monthly donor or Champions Donor here:



Planned Giving

A planned gift can be a great way to make a lasting impact and leave a legacy for yourself or your family.

Have you considered these types of planned gifts:

- Distributions from your IRS, IRA or 401(K)
- Beneficiary of your life insurance policy
- Beneficiary of your estate

The Lovering has two established ways you can contribute to an endowment:

 **Lovering Forever Endowment-**
Funds managed by the Lovering Health Center

 **Susan Werner Thoresen Lovering Forever Fund, a fund of the NH Charitable Foundation**

Learn more about making a planned gift:

 mary@jglhc.org  **(603)436-7588**

In Remembrance *Susan Werner Thoresen*



Sue passed away in June 2024 after a courageous three-year battle with cancer. Sue and her husband, Bob, are longtime supporters and champions of the Lovering. Sue's legacy of support for New Hampshire non-profit organizations is vast. She was a founder of the Women's Fund encouraging us all to invest in vital programs in support of women and girls, the arts, family support, and access to full scope reproductive health care. Sue was instrumental in developing Lovering's planned giving program. She generously established an endowment fund to benefit the Lovering in her estate plan. We are so tremendously grateful for her kindness, her generosity, and her willingness to stay in the fight with us for many decades. It is with love that we honor Sue and continue our work with her spirit of joy!

“ —

We made a planned gift to the Lovering Health Center to ensure its vital services continue long after we are gone. Our deep commitment to reproductive rights and accessible healthcare has driven us to support this mission for years. By creating a lasting financial foundation, we aim to provide stability and resources for the center to grow, innovate, and serve those in need without interruption. This planned gift reflects our belief that everyone deserves compassionate, high-quality care, and it is our way of leaving a legacy of empowerment, dignity, and health for the future.

— ”
-Cynthia and Robert Bear, Retired Physicians & Supporters of the Lovering

A Special Thanks to our Supporters

Grant Funders:

Abortion Care Network
Archibald Foundation, Inc
Cambridge Trust Charitable Foundation
Cogswell Benevolent Trust
City of Portsmouth
Citizens Charitable Trust
Eastern Bank Foundation
Foundation for Seacoast Health
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New Hampshire Charitable Foundation's Donor Advised Funds:

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Mark and Diana McNabb Charitable Fund
Ouellett and Furbish Family Fund
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Rutman-Donnally Fund
Rutman Family Fund
Sadie Rutman Fund
Thoresen and Werner Family Fund
Thomas W. Haas Fund
Prince/Bergh Family Fund

Donor Advised Funds:

AG Romney Giving Fund
Alice Larrea Family Charitable Foundation
Andrea and Eric Sinclair
Anthony J. D'Amato Charitable Fund
Barbara E. Levenson Charitable Fund

Planned Giving Donors:

Drs. Cynthia and Robert Bear
Josephine A. Lamprey Designated Fund, a fund of the New Hampshire Charitable Foundation
Max Duffy- In Memory of LHD
Sandi and Darren Denoncour
Susan Werner Thoresen Loving Forever Fund, a fund of the New Hampshire Charitable Foundation

Donor Advised Funds:

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Wallace Brill Charitable Fund
You Have Our Trust Fund
Zuckert Family Charitable Fund

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Erica R. de Vries
Jane Shanahan
John & Lelia Lamson
Judith Meyers
K and K Moody Fund
Robert Thoresen in memory of Sue Thoresen

Our Charitable Gaming Partner at The Brook

