



## **2022 Annual Report**

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Providing Quality Reproductive and  
Sexual Health for 40 Years

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# MESSAGE FROM EXECUTIVE DIRECTOR

I've told many people that I am glad to see 2023 arrive. With a new year, we can look back at 2022 and realize the amazing impact working together with YOU has had on our organization. Given the enormous challenges of the past few years, I am thrilled that we are growing again!

The Lovering stands firmly in the space created by fierce and resolute pioneers in reproductive and sexual health and abortion care. They chose to act boldly and with conviction quickly after Roe v. Wade was decided 50 years ago; establishing safe and accessible models of care in New Hampshire. In the wake of the dismantling of federal abortion protections in 2022, it is important that we still proudly identify as an independent abortion clinic.

To truly fulfill our mission, we are also so much more. Attacks on our family planning funding and attacks on the rights of gender diverse and queer folks around the country have shown us how critical it is to protect our entire continuum of reproductive and sexual health services. 2022 was a year of tremendous pressure pushing back on our mission. While this pressure weighs heavy on our shoulders and in our hearts, we are so grateful for our entire community of support. We have all gained strength with each other. Please know that, together, we have all the courage we need to fight and protect our right to thrive.

The pressures of the past year are balanced by the joy that comes from working with our patients, our volunteers, and our supporters. This work has always been life-saving, important and meaningful. I hope you will see and feel the impact of your support in this report. We thank you for your tremendous generosity and advocacy in 2022 and hope that you will continue on this important journey with us.

In Solidarity,  
Sandi Denoncour  
Executive Director



**Sandi Denoncour**  
Executive Director

“After 30 years as a gynecologist on the Seacoast, retirement offered the time to have a different kind of impact on healthcare in our community. I had high regard for the level of care provided by the Lovering and had been a donor. Could I do more to promote their mission? Yes!

I joined the Board of Directors in 2016 and stepped into the Chair role two years ago during a period of transition. I can honestly say I am even more impressed today with the quality, professionalism, and passion of our staff, volunteers, and board. The Lovering, quite simply, is a vital health resource, meeting the changing needs of our Seacoast community.”

**-Cynthia Bear, MD**



## Current Board Members

Cynthia Bear, MD- Chair  
Johanna Murphy- Vice Chair  
Katherine Robart Bal- Treasurer  
Eleanor Mackenzie- Secretary  
Michael Murphy- Ad Hoc, Accountant  
Erica De Vries  
Cybele Grier  
Monica Odor  
Stacey Smith

## 2022 Past Board Members

Adriane Apicelli  
Christie Davis  
Peggy Lamb  
Alex Myers  
Mary Toumpas



**LOVERING HEALTH CENTER**  
Sexual Health, Choice & You

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**It Is Our Passion To  
Honor, Respect, And  
Advocate**

**for the right of everyone to maintain  
freedom and choices regarding their  
own sexual and reproductive health.**



# Impact and Value

## Our Mission

The Lovering Health Center is dedicated to providing confidential, comprehensive and accurate sexual and reproductive health information and services to all in a supportive environment. It is our passion to honor, respect, and advocate for the right of everyone to maintain freedom and choices regarding their own sexual and reproductive health.

## Measuring our Impact

Impact is about more than just data and statistics (although those are important too)! We ensure we are achieving our mission through patient testimonials, donor feedback, community collaboration and partnerships.

### How do we know our work is impactful?

"Lovering Health Center, you saved my life and my health. You provided a comfortable place with no judgement. My nurse throughout the procedure was someone I hope to become, so sympathetic and she knew exactly what to say...."

**KS, Patient**

### How do we know our programs are making a difference?

"It is hard to overstate how difficult it is as a trans person to find a provider who focuses as much on their emotional wellness as they do their physical, but the staff at Lovering have ensured time and time again that my entire person matters, not just the numbers that appear on my chart. No matter who you are, when you are at Lovering, you are welcome, and you are important."

**Elliot, Patient**

### How do we know we are achieving our mission?

"It is a rare and amazing thing to feel trusted by healthcare professionals. In all my experiences with healthcare, I have never felt more heard than I do... at the Lovering Health Center. The staff is incredibly kind and knowledgeable, and the time they take to listen and work with patients exemplifies the difference between facilities that respect patients and those that believe them."

**Anonymous, Patient**

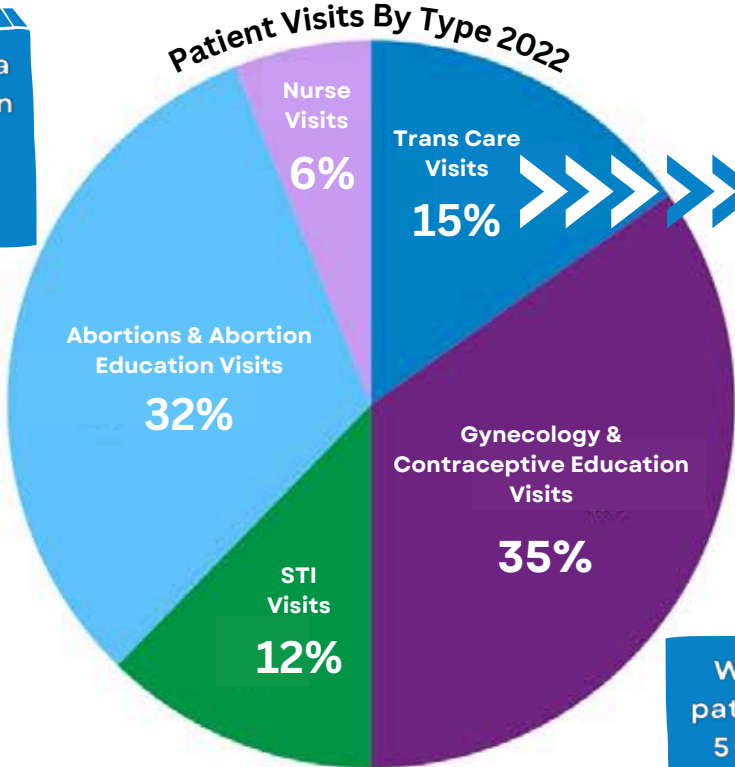
### How do we know our care is unique?

"Someone I love deeply had a visit recently and the warmth, care and comfort given to her by the staff was phenomenal and has restored her faith in providers! This visit was an incredibly difficult undertaking given her past experience, and for the first time in a provider setting she has felt understood, heard and validated."

**D, Loved One of a Patient**

# Impact and Data

We achieved a 13% increase in clinic visits from 2021 to 2022!



We served patients from 5 different states!

**\$26,000**  
in discounted and free reproductive and transgender healthcare to our low income patients

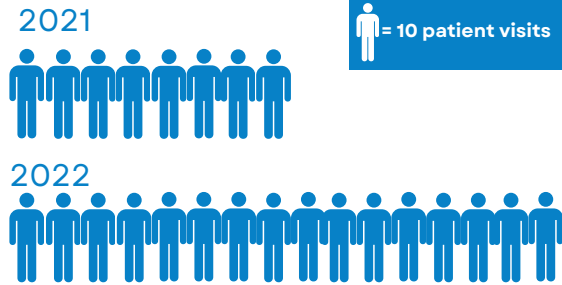
**\$25,000**  
in funding assistance provided to Loving patients through collaborations with the National Abortion Federation and Reproductive Freedom Fund of NH

**\$51,000**  
in discounted/free care



# Growing Programs & Increased Access to Care

## Transgender Care Visits from 2021 to 2022



In spite of the challenging political environment of this past year, the Loving Health Center managed to maintain all of its current programming, including gynecological wellness visits, STD & STI screenings and treatment, and abortion care. The Loving also experienced a **100% increase** from 2021 to 2022 in patient visits to the clinic's Gender Affirming Transgender Care program.

In addition to program maintenance and growth, the Loving Health Center continued to offer both in clinic and telehealth options for patient care throughout 2022. A combination of growing programs, increased access to care, and a demand for services resulted in the clinic being able to hire a new provider!

Meet our new provider!



**Rebecca Ingalls**

Ph.D., MSN, CNM, WHNP-BC



Rebecca is a midwife and nurse practitioner, uses pronouns she/her, is queer-identifying, and is honored to be joining the Loving Center family. She was born and raised in Maine, and she has lived in Ithaca, New York City, Boston, Michigan, Florida, and most recently Philadelphia. She is very happy to be planted near the seaside and back in New England. She currently lives in Portsmouth with her partner, children, and two guinea pigs. She is a long-time daily practitioner of yoga, and she also enjoys writing, playing the piano, gardening, and tending to the beautiful birds that visit her home.

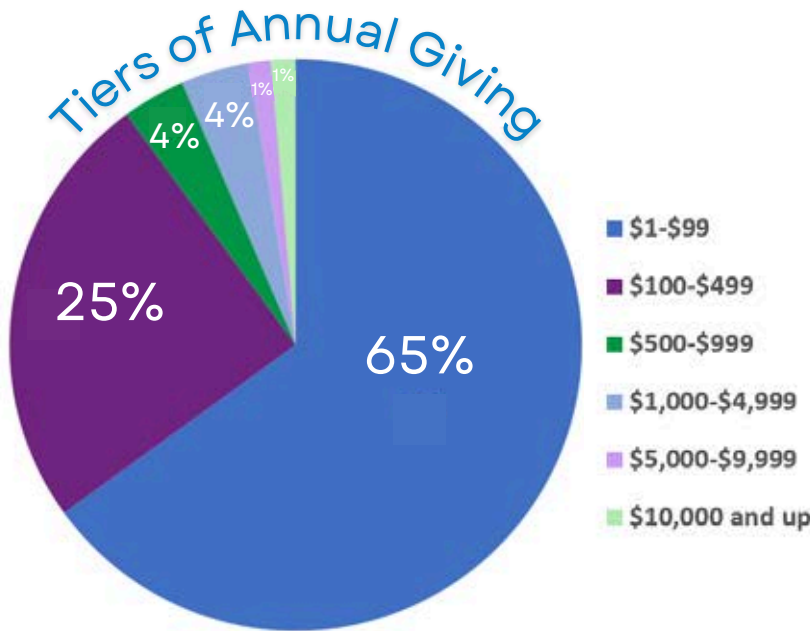
# Fundraising and Grants

Fundraising and grants were a foundational element of the Lovering's success in 2022. With your help we received the highest number of individual gifts to date.



Learn more about becoming a Champions Donor:

📧 [info@jglhc.org](mailto:info@jglhc.org) ☎️ (603)436-7588



**In 2022, the majority of donations were between \$1 and \$99. Each donation represents a committed community member and we appreciate every one.**

## A Special Thanks To Our Grant Funders...

Abortion Care Network  
 American Gift Fund  
 Archibald Foundation, Inc  
 Arthur Getz Trust  
 Cambridge Trust Charitable Foundation  
 Foundation for Seacoast Health  
 Hopewell fund  
 John H. Bickford Foundation  
 New Hampshire Charitable Foundation  
 NH Children's Health Foundation

NH Women's Foundation  
 Oleonda Jameson Trust  
 Rosamond Thaxter Foundation  
 Society of Family Planning Research Fund  
 Wild Geese Foundation  
 You Have Our Trust Fund  
**New Hampshire Charitable Foundation Donor**  
**Advised Funds:**  
 Anita Fund  
 Dragon Fly Fund  
 David and Susan Feltus Fund  
 Martha Fuller-Clark Fund

Thomas W. Haas Fund  
 Thoresen and Werner Family Fund  
 Haley Brown and Mary Johanna Fund  
 Harmon/McCarron Charitable Fund  
 Krakoa Fund NH  
 Lamson Fund  
 Mark and Diana McNabb Charitable Fund  
 Evans Morone Family Fund  
 Prince/Bergh Family Fund  
 Roseland Charitable Fund  
 Rutman-Donnalny Fund  
 Rutman Family Fund





# Cheers for Choice

Lovering staff, supporters, and volunteers reunited for the first in person event since the pandemic began. **Cheers for Choice** was a FUN-raising event thanking those who helped to ensure the success of the clinic throughout a tumultuous year & served as the perfect opportunity to celebrate Brigit Ordway on her retirement from the center after 38 years.



# Volunteerism

Community involvement on site is essential to our feminist values & our vision as a community reproductive health clinic. The Lovering values peer to peer supports and maintaining community connectedness. Volunteers are essential not just to get the work done, but also to honor what we can all offer each other as a community.



Lovering Angels

Over 325 hours  
donated by  
volunteers in  
2022



*"I want to express the gratitude I feel for the time and energy that goes into training volunteer staff in making us part of the team. The Lovering creates an environment of psychological safety and compassion for everyone who walks through the doors, whether they're a patient, a volunteer, or a staff member."* **Sophie, Volunteer**



# Lovering in the Community

We have maintained our commitment to being present in the community through attending outreach and educational events. These opportunities allow us to not only connect with our community, but offer support for those who need it outside the walls of our clinic.

MAY



Staff and volunteers proudly attended the **Bans Off Our Bodies** rally in Portsmouth this past summer.

AUGUST



JUNE

The Lovering Health Center was part of both **Portsmouth PRIDE** and **Rochester PRIDE** for another year

OCTOBER



In partnership with Reproduction Freedom Fund & Equality Health Center, the Lovering Health Center attended the University of New Hampshire's **Sextober Sexpo**.

DECEMBER



Staff attended The Outboard's HoliGay Market and Campfire Social at the Throwback Brewery in North Hampton, NH!



**Congressman Chris Pappas with the Lovering team**



**Senator Maggie Hassan visit to discuss critical healthcare issues**



# Teaching It Forward

The Lovering has a long standing commitment to teaching and mentoring. We are highly sought after as a learning site in reproductive healthcare offering the very rare opportunity to understand and provide abortion care for future providers.

"Your work and passion is so inspirational and I hope you all know how much impact you have on people's lives... You all have made such an impact on my learning, and my heart."

-Nurse Practitioner Student

"Thank you so much for hosting me as a student for these past 7 weeks! It has been inspiring to work with and learn from all of you!"

-S, Nurse Practitioner Student

Not only have I been able to learn professionally, but I have personally learned that healthcare doesn't have to be a scary place when your providers actually care about you."

-Social Work Intern



## In Remembrance



Jefferson Lovering, Jr.

Jefferson Lovering, Jr. and Joan G. Lovering are pillars in the history of the Lovering Health Center. Joan G. Lovering was a founding mother and a leader of the health center for many years. While Joan passed away in 2002, her husband, Jefferson, passed away just this summer at age 95. Their family has extended support to the health center over many decades, including their children and grandchildren. We appreciate their dedication as a family to advancing our mission and establishing such an incredible legacy. It is an honor for us to continue the work in the Lovering name.



Dr. Geoffrey Clark

Dr. Geoffrey Clark and his wife, Martha Fuller-Clark, have been long time supporters of the Lovering Health Center and our mission. Their combined years of professional, political, and philanthropic service have had a tremendous impact across the entire state. It is with respect and gratitude that we honor Dr. Clark and the legacy that he leaves in our shared community.

# THANK YOU TO OUR PATIENTS, SUPPORTERS, DONORS AND VOLUNTEERS!



We are thankful to be a part of a community that supports our mission and makes it clear we are important to the Seacoast (and beyond). Whether you trusted the Lovinging with your medical care, supported us through contributions, volunteered your time and energy to our mission, advocated for us by using your voice, or simply supported us from afar-- please know how much we love and appreciate YOU. We are honored to continue to serve you this year & for many more years to come!

## Stay Connected to the Lovinging



Sexual Health, Choice, & You