



## 2023 Annual Report

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Providing Quality Reproductive and  
Sexual Health Care for 40 Years

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# Message from the Executive Director



**Sandi Denoncour**  
Executive Director



We are so pleased to share our 2023 annual report. The Lovering experienced a successful year of growth serving 59% more patients in 2023 than in 2022. We introduced new access programs, grew existing services including perimenopause and menopause care, saw a 120% increase in transgender care visits, and became a medical residency training site to teach forward the patient-centered model of care provided by our team.

Our determination to grow, not shrink, under incredible pressure both politically and fiscally fueled our ability to increase billable services and find new opportunities to support low and moderate-income patients. Our determination to protect abortion access and serve ALL was met again this year with equal determination from our supporters, volunteers, and community grant funders. *And together we serve and grow with joy, mutual respect, and compassion.*

It feels like there is no more important work to be done in 2024 than advocacy. The past two years highlight how volatile and constant advocacy work is for the Lovering and for our colleagues across the state and the nation. Collectively we must elect leaders who will:

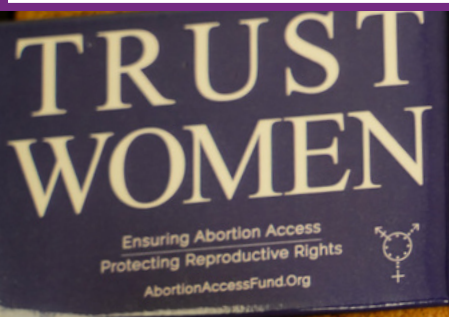
- protect and affirm our rights to bodily autonomy
- protect the rights of our LGBTQ+ friends to thrive in our schools and communities
- protect and fund access to the highest quality sexual and reproductive health care we can provide and
- advance equitable access to care for all.

This past year, at both our Champions for Choice and Cheers for Choice events, we invited community members to discuss what advocacy today looks like, how to elevate our voices, and how to collaborate in ways that offer everyone an opportunity to voice their support and contribute to making change. We introduced our newest partner, **Reproductive Equity Now**, and I encourage you to read more about them in this report and connect with them to stay informed about the important work we will be doing together.

We commit to maintaining a positive, healthy, and affirming space to provide care for you, your family, your neighbors, and our community in 2024. I hope that you will feel the impact your support makes as you read this year's report. Journal entries from our patients, testimonials from volunteers and colleagues, and data are all included to highlight the beautiful complexity of our work as an independent clinic.

Thank you for your commitment to the Lovering and to our mission.

In Solidarity,  
Sandi Denoncour  
Executive Director



# Board Leadership & Strategic Direction

“

Since the start of my tenure on the Board of Directors in 2022, I have been struck by the level of compassionate care delivered by our staff to our patients. This unique culture of intentional, patient impact-centered model of care starts from the outstanding leadership of our Executive Director, Sandi, and transcends throughout the entire organization, including the Board of Directors. In speaking with community partners, staff and volunteers, it is evident our model of care has a lasting impact on the lives of our patients.

I am excited about our strategic direction. As we look forward to expanding our impact in the community, thoughtfully scaling our programs and services, and reducing barriers to care, all the while carefully managing our capacity, we remain committed to keeping our patients and community needs front and center.

I am so proud to be a part of this incredible organization and look forward to the future.

-Cybele, Board Chair



## Current Board Members

Cybele Grier- Chair  
Lindsay Goodspeed- Vice Chair  
Katherine Robart Bal- Treasurer  
Johanna Murphy- Secretary  
Cynthia Bear, MD  
Erica De Vries  
Eleanor Mackenzie  
Monica Odor  
Stacey Smith  
Camilla Thompson  
Michael Murphy- Ad Hoc, Accountant

## Strategic Direction

In 2023 we began working through a strategic planning process which has allowed us to articulate organizational priorities and build on the amazing work we do to continue to serve the community in the most effective way.

To gain deeper insight into the community's perceptions and experiences, we interacted with a variety of people affiliated with the Lovering and within the community to understand the Lovering's position, and to elicit feedback on the most significant community needs.

## Community Surveys

166

Including established patients, potential patients, donors, volunteers, and community partners.

## Focus Groups

Involvement from Board members, volunteers, and community leaders including representatives from Planned Parenthood, ACLU, Granite State Progress, and Reproductive Equity Now.

## Interviews

Including all the staff and key community leaders.

“

Collaborating with the staff, board, and volunteers at the Lovering on this strategy process has been so rewarding thanks to their unwavering commitment to compassionate care and the Seacoast community. Their enthusiastic engagement and considered perspectives made each of our meetings and workshops feel productive, meaningful, and fun! The positivity and purpose of the Lovering is truly exceptional. Spectrum is excited to see what is to come for this wonderful organization!

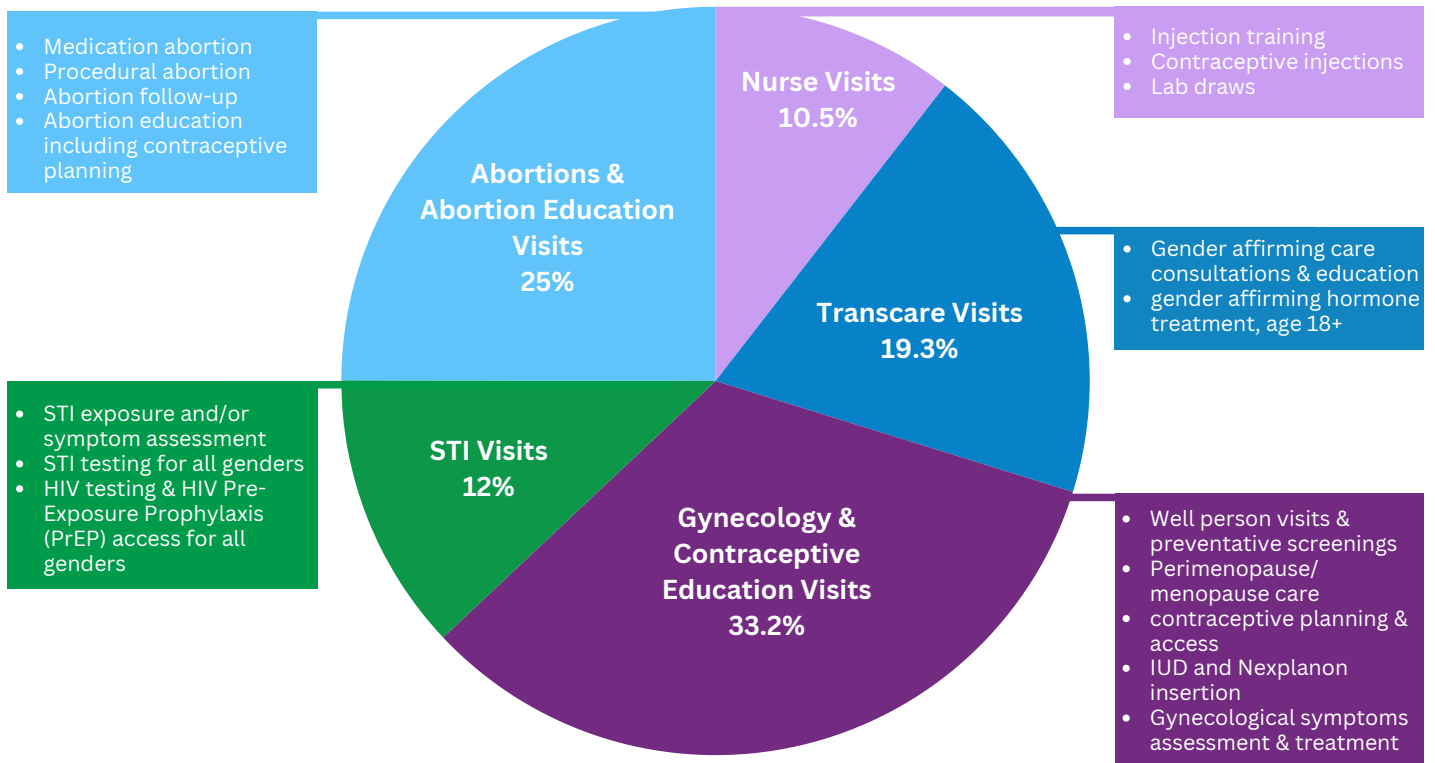
-Maggie, Strategy Consultant  
Spectrum Nonprofit Services



# Our Mission

The Lovering Health Center is dedicated to providing confidential, comprehensive and accurate sexual and reproductive health services to all in a supportive environment. It is our passion to honor, respect, and advocate for the right for everyone to maintain freedom and choices regarding their own sexual and reproductive health.

## Our Data




We achieved a 59% increase in clinic visits from 2022 to 2023

Visits to our gender affirming and transcare program increased by 120%

Patients from 10 states received care at the Lovering Health Center in NH



# Patient Testimonials & Community Feedback

Everyone here is so kind. The kindest people I have ever met. They truly are supportive and have made this experience for me not so scary. 

Just wanted to say thanks so much for your perseverance with my insurance company & keeping my prescription as an injection. I truly appreciate the level of care you provide. Love you loads



Here for my partner. She gets her estrogen shots for the first time today! So excited for this new chapter together. We've been together for years but this is by far the happiest & lightest I've ever seen her. Thank you for providing this care. You're made our lives so beautiful!

Thank you Lovering Health for creating Such a Safe place.

I would like to deeply express my gratitude for the wonderful care I received from the staff. From the phone call, consultations, + procedure, every single person was kind, patient, non judgmental and superbly professional. The work at your clinic is so crucial

 you are in safe hands here, I promise 

Use these journals while you wait as a place for your thoughts, doodles, or supportive messages for others to read.



# Reducing Access Barriers

💙 \$56,000

2023 abortion funding assistance provided to Loving patients through collaborations with the National Abortion Federation, Reproductive Freedom Fund of NH, and abortion funds in ME and MA

💙 \$59,000

2023 discounted reproductive, sexual, and transgender healthcare provided to our low income patients



## \$115,000 total in discounted care

### *What this means to your community...*

Your understanding and support during a difficult time for my family and me means the world to us. ***Your adjustment of my balance...at Loving Health Center is a tremendous relief, and it has eased a significant burden during a challenging period.***

Your act of compassion has not only provided financial relief but has also offered emotional comfort and support. ***This gesture exemplifies the caring and dedicated professionals at Loving Health Center,*** and I am truly touched by your consideration.

I am deeply grateful to you and the entire team at Loving Health Center for ***your unwavering commitment to patient well-being.*** Your support has made a meaningful difference in our lives.

***We will forever hold a special place in our hearts for Loving Health Center.***

-Loving Patient

With expanded provider hours and increased patient volume, the amount of free care we provide also increases.

As an independent clinic with no current state or federal funding, donations and grant funds directly support low income community members receiving the care they need.

# Program Growth

## NH Breast and Cervical Cancer Program (BCCP)



“

This program is designed to assist people with the cost associated with breast and cervical cancer screening and it is all based on your income, even if you have insurance. BCCP has allowed us to be able to take the financial burden off our patients and increase access.

I've really enjoyed seeing how much it is helping our patient population. We have one patient who speaks English as a second language and she had a breast mass. We were able to get all her services covered. This program is just amazing.

”

**-Ilyssa, Nurse Manager and BCCP Coordinator**



## AVITA Pharmacy- Where You Fill Makes a Difference

One way that our patients pay it forward



When our patients use AVITA to fill prescriptions written by Lovering providers, revenue is shared back to the Center to invest in services and program growth.



**Noah Richter, Account Executive**

Learn more about these programs on our website:



“

Avita Pharmacy shares Lovering Health Center's passion for honoring, respecting, and advocating for patient freedom of choice in sexual and reproductive health. Avita is committed to providing culturally competent LGBTQ+, HIV, PrEP, and sexual wellness care and is proud to partner with an organization that is working towards this mutual goal.

I was excited to pursue a partnership with LHC when I got to know Sandi and understood her team's intense focus on what was best for their patients. Avita's discreet, free, at-home prescription delivery was the right fit for many LHC patients.

”

**-Annie Bennett, 340B Growth Specialist**





# Volunteerism

“ Feeling helpless when Roe v. Wade was overturned, it didn't take long for me to realize there was something an ordinary person like me can do, right here in NH, where sexual health is holding on by a thread.

The Lovering Health Center is a beacon of hope for both patients and community members who still believe in the freedom to choose our personal health journey. As a volunteer, I have been invited to participate in campaigns aimed at furthering The Lovering's mission and reach. I have met and seen up close the staff in action and have a new understanding of the extensive health services our LGBTQ+, reproductive, and menopausal community have come to rely on and deserve.

The Lovering Health Center is taking on the world by making a difference one very special person at a time, and I am honored to help wherever I can.

-Fawn, Volunteer



**The Lovering relies on community involvement to maintain our feminist values and achieve our mission.**

**We aim to cultivate an organizational culture that values peer-to-peer support and having volunteers on site is essential to this goal.**



## Teaching it Forward

“ Family medicine resident physicians from the Lawrence Family Medicine residency are now completing a rotation at the Lovering focusing on gender-affirming care and reproductive health. The rotation has rapidly gained an almost cult following and the residents consistently say it is one of the best experiences they've had in residency.

Lovering offers our residents a unique opportunity to learn high-volume gender-affirming care and reproductive care from experts in the field while also experiencing the exceptional culture of queer affirmation and body positivity that the staff bring to every patient encounter. Such experiences are seldom found in the conventional spaces that train future physicians.

-Dr. Joshua St. Louis, Core Faculty Lawrence Family Medicine residency & Consulting Medical Director, Lovering



Total of 480 hours of teaching and learning



## Outreach & Community Events

**We attended 24 educational community events in 2023**

**At these events, we were able to reach over 1,400 community members!**

**We hosted our annual Champions for Choice and Cheers for Choice events with a focus on advocacy & engagement**





# Local & National Support for the Lovering



*55% of abortions are performed by independent clinics nationwide*

An Annual report on abortion care provided by independent clinics across the country

Link to Abortion Care Network's 2023 report here:



— Introducing —

## REPRODUCTIVE EQUITY NOW NEW ENGLAND

We would like to encourage our network of supporters to learn more about **Reproductive Equity Now's** efforts to advocate and strengthen the work of independent clinics and reproductive justice principles in NH. You can **take action** by staying connected to Reproductive Equity Now and help to make equitable access to the full spectrum of reproductive health care a reality for all people through local organizing and advocacy. Consider joining their mailing list:



**Christina Warriner**, NH State Director of Reproductive Equity Now, speaks at the 2023 Cheers for Choice Event

“Lovering is a truly exceptional example of the kind of gutsy, compassionate, people-first care that independent clinics are known for. The Lovering not only provides health care, but they provide community care. We are so grateful to work with the talented team at Lovering who focuses specifically on harm reduction, inclusivity, and building trust with both their patients and the communities they serve.”

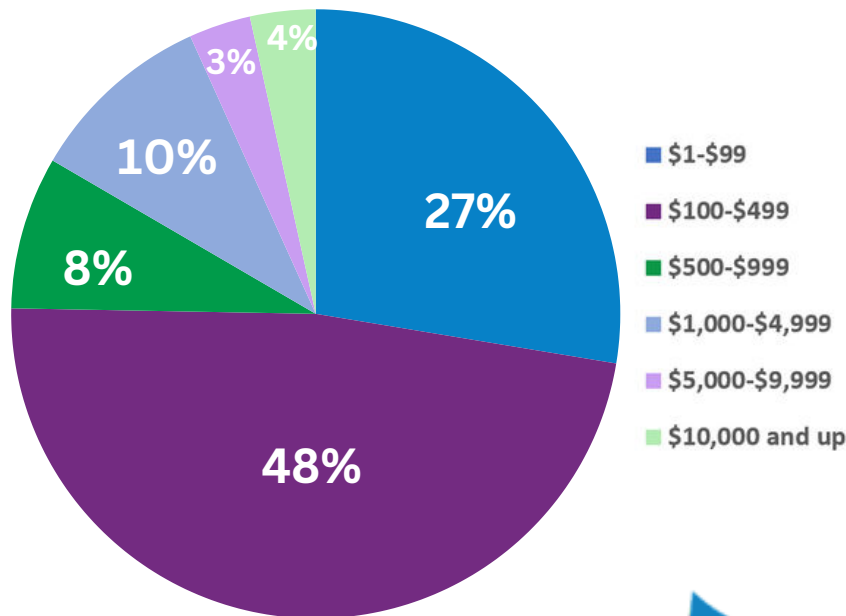
Reproductive health care, sexual health care, queer health care, and abortion care are all part of the shared fight to make dignified choices about our bodies, on our own terms, with a supportive team. That is what the Lovering Health Center is fighting to do every single day here in New Hampshire.

—Christina



# Fundraising & Development

## 2023 Tiers of Annual Giving

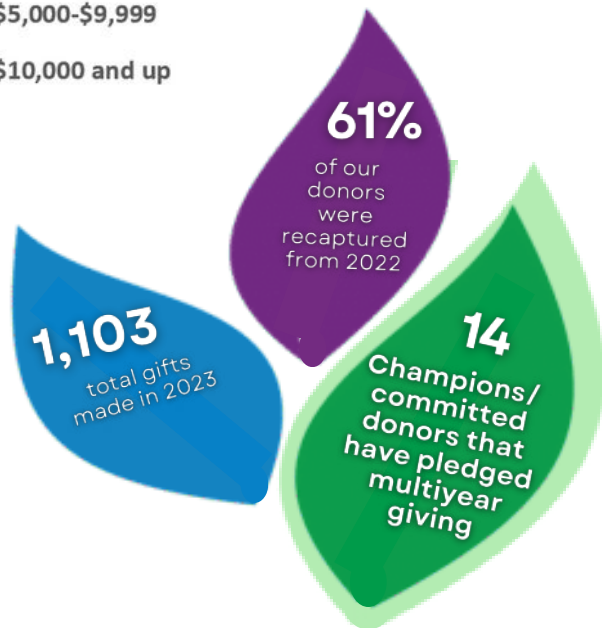


**12% of these donors were monthly donors!**

Become a monthly donor by scanning here:



Mary Boisse-Barnes, Development Director and  
Sandi Denoncour, Executive Director



**Learn more about becoming a Champion Donor or making a planned gift:**

[info@jglhc.org](mailto:info@jglhc.org) (603)436-7588



In 2023, the Loving officially began cultivating a planned giving program. A planned gift can be a great way to make a lasting impact and leave a legacy for yourself or your family.

### A Special Thanks to Our Planned Giving Donors:

♥ New Hampshire Charitable Foundation's Josephine A. Lamprey Designated Fund

♥ In Memory of LHC

“

I made this commitment to honor my mother, who worked at the Health Center for over 30 years, as a way to help ensure the community she loved continues to receive the care and support they need.

**-Planned Giving Donor**

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# A Special Thanks to Our Grant Funders & Champions Donors

Abortion Care Network  
Archibald Foundation, Inc  
Cambridge Trust Charitable Foundation  
Citizens Charitable Trust  
Eastern Bank Foundation  
Endowment for Health  
Foundation for Seacoast Health  
Greater Rochester Community Health Foundation  
Hesed Foundation  
Kent Richard Hofmann Foundation  
Maxwell Sedel Family Foundation, Inc  
New Hampshire Charitable Foundation  
NH Women's Foundation  
Oleonda Jameson Trust  
Wild Geese Foundation

## **New Hampshire Charitable Foundation's Donor Advised Funds:**

Benjamin and Jane Lannon Charitable Fund  
Dragonfly Fund  
Geoffrey E. Clark and Martha Fuller Clark Fund  
John and Lelia Lamson Fund  
Krakoa Fund  
Mark and Diana McNabb Charitable Fund  
Northern Bayberry Fund  
Roeseland Charitable Fund  
Rutman-Donnally Fund  
Rutman Family Fund  
Thoresen and Werner Family Fund  
Thomas W. Haas Fund  
Prince/Bergh Family Fund

## **Donor Advised Funds:**

AG Romney Giving Fund  
Alice Larrea Family Foundation  
Alice Passer and Barry Krieger Charitable Fund  
Anthony J. D'Amato Charitable Fund

Barbara E. Levenson Charitable Fund  
Bunnell Family Charitable Fund  
Champy Family Fund  
Clark R. & Laurie L. Chandler Charitable Fund  
Cyrus and Erika Beer Charitable Fund  
Dana and Kenneth Hooper  
David Sanderson Fund  
Gift4Giving Program  
Jewish Communal Fund  
Joanne and Peter Foster Family Fund  
Judith Brown Meyers Fund  
K and K Moody Fund  
Knab Family Fund  
Madden Charitable Gift Fund  
McLaughlin Family Fund  
Rebecca Snider and Jack Beard Charitable Fund  
Richard and Lisa Chace Charitable Giving Trust  
Shaula and Dana Levenson Fund  
Siracusa Hillman Luther Hillman Family Fund  
Stuart and Donna Levenson Family Fund  
Peter and Lee Vandermark  
Peter Squires and Anne Marple Charitable Giving Fund  
Wallace Brill Charitable Fund  
You Have Our Trust Fund  
Zuckert Family Charitable Fund

## **A Special Thanks to Our Champions Donor Circle:**

Alice Larrea  
Anne & Mike Family Foundation  
Carter & Joshua Siegel  
Dr. Sharyn J. Zunz  
Erica R. de Vries  
Jane Shanahan  
John & Lelia Lamson  
Judith Meyers  
K and K Moody Fund  
Robert and Cynthia Bear  
Sue and Bob Thoresen



# Thank you to our patients, supporters, donors and volunteers!

In 2023 you all made it clear that you support our mission and see the value in having an independent sexual and reproductive health clinic in your community.

**We are so grateful to be in this important work with you and *for you.***

## Stay Connected to the Lovering


 LoveringHealthCenter

 LoveringHealth

 LoveringHealth

 LoveringHealth

 [info@jglhc.org](mailto:info@jglhc.org)

 (603) 436-7588

 PO Box 456  
Greenland, NH 03840



**DONATE!**



*Lovering's Clinical Team*

